Developing a path to employment for New Yorkers with disabilities

Food Preparation and Serving

Dining Room and Cafeteria Attendants and Bartender Helpers

Dining Room and Cafeteria Attendants and Bartender Helpers - sometimes referred to as the bus staff - assist waiters, waitresses, and bartenders by cleaning and setting tables, removing dirty dishes, and keeping serving areas stocked with supplies. They may also assist waiters and waitresses by bringing meals out of the kitchen, distributing dishes to individual diners, and filling water glasses. Cafeteria attendants stock serving tables with food, trays, dishes, and silverware. Bartender helpers keep bar equipment clean and glasses washed.

Work hours in restaurants may include early mornings, late evenings, holidays, and weekends. Bartender helpers work mostly at night when bars are in operation. Work schedules of cafeteria attendants in school or business cafeterias may be more regular. Long hours are spent on foot while serving meals or cleaning and clearing dishes.

Education/Training

How to Obtain:

A high school diploma is not required for Dining room and cafeteria attendants and bartender helpers; but many restaurants encourage employees to obtain one. In addition, high school and vocational schools may offer some kitchen and cleaning courses which are helpful for this career path. Most training is provided on-the-job.